

Ecology of the Eternal: Nature, Spirituality and the Interconnected Cosmos in *Ramcharitmanas*

Vishnu Mishra¹

Abstract

This paper investigates the natural world view in Tulsidas's *Ramcharitmanas*, tracing the integration of the natural world into the narrative to inspire spirituality and morality. This research uses an ecocritical framework to explore the presentation of forests, rivers, mountains, flora and fauna and unravel their symbolic and cultural connotations in the epic. Tulsidas's description of nature is not just ornamental but acts as a crucial component that influences the emotional and moral aspect of the characters. It also contends how *Ramcharitmanas* highlights human interconnectedness with nature and promotes ecological balance as a manifestation of dharma (righteousness), this research paper also reveals how the natural world is inextricably linked to themes of duty, spirituality and the moral duty of humanity to the environment by taking a look at the epic's varied landscapes. In addition to this, it brings out the applicability of Tulsidas's ecological knowledge in dealing with modern environmental issues, providing a timelessness look at the harmony between nature and spirituality.

Keywords: Ecocriticism, Spirituality, Hindu Mythology, Environmental Ethics, Cultural Ecology.

Introduction

Ramcharitmanas composed by Tulsidas in the 16th century is one of the most venerated books in Hindu mythology and Indian literature that shows a deep relationship between humanity and nature as a subject of discourse, shaping both philosophical and literary traditions. The epic offers a different viewpoint on this interaction of spirituality, environment and cosmic order. Unlike modern perspectives that sometimes see nature as a passive entity, *Ramcharitmanas* presents nature as an active force greatly intertwined with the spiritual and moral fabric of life. The forests, rivers, mountains and celestial elements represented in the epic are more than just physical landscapes; they are also sacred entities that lead, shelter and confront human characters on their spiritual journeys. This notion of an interwoven cosmos encourages an examination of the epic via its own inherent worldview in which nature is not distinct from divinity but rather an integral part of it. As noted in

Environment and Literature: An Analysis of the Pedagogic Possibilities, "The Epics—Mahabharata and Ramayana; Shruti—the Four Vedas, Upanishads, Vedanta, Bhagavad Gita, Puranas and Smriti and other primary texts furnish a comprehensive depiction of vegetation, foliage and flora and fauna and their importance to the populace" (Mishra & Gaur, 580).

Nature in *Ramcharitmanas* is a necessary component of the divine will. The forest of Chitrakoot where Lord Rama, Sita and Lakshmana embrace an ascetic life experiencing nature as both a refuge and a teacher. Rama visited sages sharing knowledge in this sacred grove, substantiating the notion that nature serves as a conduit for divine instruction. In the similar manner river Sarayu plays an important role marking both the beginning and the culmination of Rama's earthly journey. The river is more than just a body of water; it is a mystical energy with heavenly grace that fosters transcendence and purification.

This paper aims to examine how symbiotically nature and spirituality interact in the epic. It will examine at how ecosystems behave as active agents in the epic, therefore influencing human destiny and supporting dharmic notions. Through exploring the divine picture of nature as expressed in *Ramcharitmanas*, this paper seeks to underline the ecological wisdom inherent in Hindu philosophy and its ageless applicability. The primary objective of this research is to analyse the intertwined natural and spiritual perspective of *Ramcharitmanas*. The paper attempts to address the following research questions: How does *Ramcharitmanas* depict the natural world as an active participant in spiritual and cosmic order? What role do rivers, forests, and celestial bodies play in the moral and ethical framework of the epic? How does Tulsidas's portrayal of nature reflect the values of harmony, respect, and sustainability? These questions will serve as the fundamental basis of this research, highlighting the great ecological awareness submerged in *Ramcharitmanas*.

Literature Review

The ecological aspects of *Ramcharitmanas* have attracted more and more scholarly attention in recent years. Key researches on the ecocriticism in *Ramcharitmanas* have been synthesized in this literature review, identifying gaps that this paper aims to fill. *The Ecocriticism Reader: Landmarks in Literary Ecology* by Cheryll Glotfelty offers a theoretical framework for examining how literature and the surroundings interact.

¹ Research Scholar, Department of English, Deen Dayal Upadhyaya Gorakhpur University

Emphasizing its possibility to expose the ecological wisdom buried in literary works, Glotfelty describes “ecocriticism as the study of the relationship between literature and the physical environment” (xviii). Her writings have motivated a growing corpus of ecocritical research on Hindu mythology, including studies on the ecological themes in the Puranas and the Mahabharata. However, there is still a lack in ecocritical study of *Ramcharitmanas*, especially on how it presents landscapes, plants and animals.

The Life of a Text: Performing the Ramcharitmanas of Tulsidas by Philip Lutgendorf is a foundational book that offers a thorough study of the text's cultural and performative traditions. Lutgendorf stresses “the part nature plays in forming the story, especially the river Sarayu and the forest of Chitrakoot, which provide places for meditation and spiritual rebirth” (67). Lutgendorf's work provides insightful analysis of the ecological characteristics of the book, but it mostly concentrates on its cultural and performative features, therefore allowing space for more targeted ecocritical research. The spiritual and ecological importance of rivers in Hindu mythology is investigated in David L. Haberman's *River of Love in an Age of Pollution: The Yamuna River of Northern India*. According to Haberman, “rivers such as the Yamuna and Sarayu are holy sites that reflect heavenly energy and ecological equilibrium rather than only physical objects” (45). His work gives a guiding perspective on the symbolic function of rivers in *Ramcharitmanas* especially their relationship to ideas of purity and rebirth. Haberman's emphasis only on rivers restricts the extent of his study and leaves other natural objects in the book underused. In John Stratton Hawley's *A Storm of Songs: India and the Idea of the Bhakti Movement* shows how writers like Tulsidas employ natural imagery to communicate spiritual and emotional themes. Hawley argues that “the depiction of forests, mountains and rivers in *Ramcharitmanas* reflects the Bhakti movement's emphasis on the interconnectedness of all life” (89). Though Hawley's study provides insightful analysis of the spiritual aspects of nature in the book, it does not adequately investigate the ecological consequences of these representations. Faron examines the multifaceted role of nature in the Ramayana in his article ‘The Ramayana and Its Connection to Nature Worship’. As he states, “In the Ramayana, nature is not merely a backdrop but an active participant in the unfolding drama. The forests and landscapes serve as both refuge and challenge for the characters”. ‘Tulsidas and Sustainability through Respect of All Creation’ by Ramdas Lamb explores how Tulsidas's *Ramcharitmanas* promotes a deep respect for nature,

viewing it as a manifestation of the divine. The text underscores, “nature expresses the divine like nothing else, and in nearly every page, there is some reference to nature, animals, or natural phenomenon”.

The above literature on *Ramcharitmanas* examines cultural, religious and performative themes of nature but neglects gaps in deep ecocritical examinations of the epic. Although Lutgendorf, Haberman and Hawley provide insightful analysis, they overlooked broader ecological issues. Faron and Lamb also emphasize the importance of nature, but more research is still needed on plants, animals, and landscapes, particularly in light of sustainability and the interdependence of all life. This research is a step towards closing the gap between spirituality and ecology by shedding light on how ancient texts like the *Ramcharitmanas* might enhance modern environmental concepts. By revealing the ecological knowledge buried in the epic's pages, it also emphasizes Tulsidas' work in tackling contemporary environmental concerns. This research not only broadens our understanding of the *Ramcharitmanas* but also contributes to the expanding discipline of ecocriticism, illustrating Hindu mythology's lasting significance in comprehending the connection between culture, spirituality and the environment.

Nature in *Ramcharitmanas*: An Ecocritical Perspective

In *Ramcharitmanas*, Tulsidas redefines nature as an engaging sacred energy instead of a passive setting. He shows how forests, rivers, mountains, vegetation and animals' life are into its purview to present a holistic vision of ecological interdependence. This epic poem sets a benchmark for literary tradition presenting nature as an engaged participant in human life. Rama and Sita, rivers such as Mandakini and Ganga personify purity as well as rejuvenation and mountains represent divine steadiness. Tulsidas develops these settings not as backgrounds but as living beings that form moral and spiritual reality. The narrative discloses humanity's interdependence with nature such that Rama's respect for riverbanks and Sita's affiliation with forest animals emphasize a cosmic balance between ecological equilibrium and dharma. However, nature turns into a pedagogue of ethical responsibility whose beats guide human actions towards worship instead of exploitation. Through rich imagery and symbolism, *Ramcharitmanas* places the natural world as an expression of the divine not separable from spiritual enlightenment. This ageless tale encourages readers to see their position in an interconnected sacred web of life.

(a) The Forest as a Sacred Space

The forests have their vital role and they function both as a physical and spiritual venue. The way the book

presents forests like Chitrakoot and Dandakaranya captures their dual function as havens and sites of spiritual development. For example, the forest becomes a haven where Rama, Sita and Lakshmana interact with nature. As described in Ayodhya Kand:

जब तें आइ रहे रघुनायकु । तब तें भयउ बनु मंगलदायकु ॥

फूलहिं फलहिं बिटप बिधि नाना। मंजु बलित बर बेलि बिताना ॥ (135-3)

[Ever since Śrī Raghunatha came and took up His abode there, the forest became a fountain of blessings. Trees of various kinds blossomed and bore fruit and lovely creepers that coiled about them formed an excellent canopy.] (Tulsidas 396)

This passage shows how the forest is changed into an area of richness and beauty with Rama, representing the sacred balance between human beings and nature. The forest is not merely a geographical location but a living being that reacts to the spiritual power of the people who inhabit it.

The forest is also characterized as a site of peace and serenity with birdsong and leaves rustling, evoking a mood of tranquillity and harmony. The portrayal of the forest by Tulsidas as a holy location accords with Hindu tradition viewing nature as a manifestation of the divine:

सुरतरु सरिस सुभायें सुहाए। मनहुँ बिबुध बन परिहरि आए ॥

गुंज मंजुतर मधुकर श्रेणी । त्रिविध बयारि बहइ सुख देनी ॥ (135-4)

[They were all naturally beautiful like the trees of heaven; it seemed as if the latter had abandoned the celestial groves and migrated to that spot. Strings of bees made an exceedingly sweet humming sound and a delightful breeze breathed soft, cool and fragrant.] (Tulsidas 396)

This imagery emphasises the spiritual value of the forest with its outer beauty. Every single element - trees, flowers, bees and the breeze help to create a harmonic and pure environment in the forest, turning it into a microcosm of the divine. "The forest in the Ramayana is not merely a backdrop; it symbolizes the interconnectedness of nature and the divine" (Armistead). The transformation of the forest in Rama's presence also symbolizes the authority of change brought by divinity, that even nature yields to the spiritual power of a righteous soul. This is further underscored in the Ayodhya Kand:

पय पयोधि तजि अवध बिहाई। जहँ सिय लखनु रामु रहे आई ॥

कहि न सकहिं सुषमा जसि कानना। जौ सत सहस होहिं सहसानन ॥ (138-2)

[The exquisite beauty of the forest where Sita, Lakshmana and Sri Rama came and settled, taking leave of the ocean of milk and bidding adieu to Ayodhya, could not be described even by a hundred thousand Shesas (each with a thousand pairs of tongues).]

(Tulsidas 397)

This verse brings out the indescribable beauty of the forest, so that its glory is beyond human words and is infused with the divine presence of Rama.

(b) Rivers as Ecospirituality of Devotion

Tulsidas puts the natural world on a divine plane merging with the physical and spiritual into one another in a way that emphasizes the sacredness of nature. For example, the river Mandakini is not merely a toponym on a map but represents purity, spirituality, rejuvenation and the redemptive power of devotion:

नदी पुनीत पुरान बखानी। अत्रिप्रिया निज तप बल आनी ॥

सुरसरि धार नाउँ मंदाकिनि । जो सब पातक पोतक डाकिनि ॥ (139-3)

[It has a holy river glorified in the Puranas, which was brought by the sage Atri's wife, Anasuiya, by dint of her penance. It is a side-stream of the Ganga and is known by the name of Mandakini, which is quick to destroy all sins even as a witch strangles infants.] (Tulsidas 392)

This description of Mandakini as a washer of sins is an expression of the Hindu faith in the holiness of water and its use in cleansing the soul. In the same vein another holy river, the river Ganga is a source of immeasurable delight and benediction. The arrival of Rama, Sita and Lakshmana at its bank is marked with such respect towards the river that it is seen:

सीता सचिव सहित दोउ भाई। सुंगबेरपुर पहुँचे जाई ॥

उतरे राम देवसरि देखी। कीन्ह दंडवत हरषु बिसेषी ॥ (86-1)

[Accompanied by Sītā and the minister the two brothers arrived at Srigaverapura. Beholding the celestial stream, Ganga, Sri Rama alighted from the chariot and fell prostrate on the ground with great joy.] (Tulsidas 359)

The Ganga's divine essence is further emphasized as the text elaborates:

लखन सचिवँ सियँ किए प्रनामा। सबहि सहित सुखु पायउ रामा ॥

गंग सकल मुद मंगल मूला। सब सुख करनि हरनि सब सूला ॥ (86-2)

[Lakshmana, Sita and the minister too made obeisance and Sri Rama was gratified alongwith them all. A fount of all joys and blessings, the Gangā brings all delight and drives away all sorrow.] (Tulsidas 360)

These rich descriptions by Tulsidas depicts that river are not just as natural objects but true manifestations of divine power which are an intrinsic part of both the spiritual and ecological landscape of the world. This fusion of the natural world with religion in *Ramcharitmanas* promotes an awareness of the holiness of nature and the ethical responsibility of honouring and maintaining it. Tulsidas's depiction of rivers is in keeping with the Hindu belief that

water is sacred and its role in sustaining life. David L. Haberman argues that “rivers in Hindu mythology are not just physical entities but living beings that embody divine energy and ecological balance” (45).

(c) Flora and Fauna in Spiritual Ecology

The natural world is not just a static background but a living organism that is a part of the spiritual and emotional climate of the epic. The epic interlaces flora and fauna with great subtlety endowing them with a sentient presence that resonates with the divine harmony of creation. For example, the description of birds is not ornamental but symbolic of a cosmos where nature itself speaks devotion and bliss:

नीलकंठ कलकंठ सुक चातक चक्क चकोर |

भाँति भाँति बोलहिं बिहग श्रवन सुखद चित चोर || (137)

[The blue jay, cuckoos, parrots, Cātakas, Cakravākas, Cakoras and other birds delighted the ear and ravished the soul with their varied notes.] (Tulsidas 396).

This imagery not just captures the visual beauty of the forest but also represents the diversity and harmony of creation and evokes peace and spiritual uplift. The melodious chirping of the birds described as “ravishing the soul”, implying a more profound connection between nature and the human soul whereby nature is a source of joy and inspiration. Similarly, the animal kingdom is referred to in the text as a sign of Godly harmony and unity. In the company of Rama, even enemies of nature coexist peacefully symbolizing the metamorphosis:

करि केहरि कपि कोल करूंगा। बिगतबैर बिचरहिं सब संगी ||

फिरत अहेर राम छबि देखी। होहिं मुदित मृगबूंद बिसेषी || (137-1)

[Elephants, lions, monkeys, boars and deer, all sported together, free from animosity. Herds of deer were enraptured when they beheld the beauty of Sri Ramaroaming about in search of prey.] (Tulsidas 396)

This description of animals coexisting harmoniously reinforces the text's theme of ecological balance and interdependence of all life. The forest with its rich variety of plants and animals is a microcosm of divine order where each animal has its place in the grand scheme.

(d) Mountains as Pillars of Ecological Stability

Mountains and landscapes are not just physically present in the epic but they also have deep symbolical meaning of stability, strength and spiritual ascension. For example, the mountain Chitrakoot is a refuge for Rama in his exile providing a site for meditation, contemplation and spiritual development. Tulsidas portrays Chitrakoot as a site of unexampled beauty and peace:

चित्रकूट गिरि करहु निवासू। तहँ तुम्हार सब भाँति सुपासू ||

सैलु सुहावन कानन चारू। करि केहरि मृग बिहग बिहारू || (131- 1)

[Take up Your abode on the Citrakūṭa hill: there You will have all comforts of every kind. Charming is the hill and lovely the forest, which is the haunt of elephants, lions and deer as well as of birds.] (Tulsidas 392)

These vivid descriptions present Chitrakoot as a balanced

ecosystem where nature flourishes in harmony reflecting the order of divine creation. The calm and regal presence of the mountain serves as a sharp relief to the agonies of human feeling granting Rama and his companions a moment of self-reflection and spiritual rejuvenation. Chitrakoot is also described as a site of profound spiritual importance where great sages such as Atri practice intense penance and meditation:

अत्रि आदि मुनिबर बहु बसहीं। करहिं जोग जप तप तन कसहीं ||

चलहु सफल श्रम सब कर करहू। राम देहु गौरव गिरिबरहू || (131- 4)

[Many great sages like Atri dwell there practising Yoga and muttering sacred formulas (Mantras), chastening their bodies with austerity. Wend Your way thither, Rama, and reward the labours of all, conferring dignity on this great mountain as well.] (Tulsidas 393)

These lines emphasize the mountain as a location of spiritual change, a totally perfect place for meeting nature and the divine. Tulsidas's description of mountains is consistent with the Hindu tradition of perceiving nature as a source of spiritual inspiration and moral instruction. The mountains in *Ramcharitmanas* are not just physical landmarks but symbols of the human quest for spiritual enlightenment.

(e) The Ethical Responsibility Towards Nature

The statement on *Ramcharitmanas* in ‘Environmental Stewardship as Told by Hindu Texts’ “The story treats forests with great respect, which tells us that we should take care of nature” (Maharshi). The epic strongly focuses on mankind's ethical obligation toward the natural world. The way the characters interact with their surroundings reflects a worldview in which nature is both sacred and integral to the practice of dharma. When Rama instructs Lakshmana to find a suitable place to settle near the river, his reverence for the natural landscape is evident:

रघुबर कहेउ लखन भल घाटू। करहु कतहुँ अब ठाहर ठाडू ||

लखन दीख पय उतर करारा। चहुँ दिसि फिरेउ धनुष जिमि नारा || (1)

[Sri Rama said, “Lakshmana, here is a good descent into the river, now make arrangements for our stay somewhere here.” Lakshmana presently surveyed the

north bank of the Payaswini River and said, "Lo! A rivulet bends round this bank." (Tulsidas 393)

This conversation is not just pragmatic but also indicative of a deliberate ethical interaction with the surroundings. Rama's decision to settle next to a life-sustaining resource - the riverbank, showcases his dedication to ecological balance - a harmony that reflects his respect to dharma. Through its portrayal of the forest hermitage where even the most modest natural elements are endowed with divine grace, the epic enhances this harmony. Shared by Rama, Sita, and Lakshmana, the shelter of foliage becomes a microcosm of this holy interconnectedness:

लखन जानकी सहित प्रभु राजत रुचिर निकेत।

सोहे मदन मुनि बेधे जनु रति रितुराज समेत ॥ (133)

[Adorning the beautiful cottage of foliage, with Lakshmana and Jānaki, the Lord looked as charming as the god of love, attired as a hermit, accompanied by his consort, Rati, and the Spring, the king of seasons.] (Tulsidas 393)

Made from leaves and branches, the hermitage here represents a conscious alignment with nature's rhythms, where human life prospers not in spite of the wilderness but rather because of it. Rama's image as a recluse harmonizing with the seasonal cycles emphasizes the point that spiritual satisfaction cannot exist without ecological consciousness.

Sita's bond with the jungle during exile enhances this ethos. Her happiness in the company of "fawns and birds," whom she considers as family, and her nourishment on "bulbs, roots, and fruits" show a great humility and respect for all life:

परनकूटी प्रिय प्रियतम संग। प्रिय परिवार कुरंग बिहंगा ॥

सासु ससुर सम मुनितिय मुनिबर। असनु अमिअ सम कंद मूल फर ॥ (139-3)

[Lovely was the hut of leaves in the company of Her most beloved lord, while fawns and birds constituted Her beloved family. The holy hermits appeared to Her as Her own fathers-in-law and their spouses as Her mothers-in-law; while Her diet consisting of bulbs, roots and fruits tasted like ambrosia.] (Tulsidas 398)

Sita discovers delight even under austerity, as the epic notes:

नाथ साथ साँथरी सुहाई। मयन सयन सय सम सुखदाई ॥

लोकप होहिं बिलोक्त जासू। तेहि कि मोहि सक बिषय बिलासू ॥ (139-4)

[Shared with Her spouse, even the lovely litter of grass and leaves delighted Her as hundreds of Cupids' own beds. Can the charm of sensuous enjoyments ever enchant Her whose very look confers the

sovereignty of a sphere!] (Tulsidas 398)

Tulsidas's creation goes beyond simple allegory to provide a picture in which ecological ethics and spirituality are inseparable. Modern scholarship notes that the text's ecological wisdom is in its capacity to portray nature not as a resource to exploit but rather as a sacred web of interdependence, a lesson equally important today as it was in the poet's day. The ecological wisdom of *Ramcharitmanas* offers valuable insights into the ethical dimensions of human-nature relationships, urging readers to adopt a more sustainable and compassionate approach to the environment.

Ecological Harmony and Dharma

Emphasizing the ethical responsibility of people to live in balance with environment, the idea of dharma (righteousness) in *Ramcharitmanas* is tightly related to ecological harmony. Rama and his companions' respect of the forest and its inhabitants, shows their dedication to dharma and their awareness of the link among all life. The epic also emphasizes repeatedly the importance of respecting and protecting the natural world, recognizing it as a manifestation of the divine. The ecological wisdom of *Ramcharitmanas* lies in its portrayal of nature as a sacred and interconnected web of life, urging humans to live in harmony with the natural world. As Abha Singh notes, "Acceptance of the presence of God in everything led Indian culture to maintain and protect the natural harmonious relationship between human beings and nature". In the contemporary era, when environmental damage and climate change seriously threaten mankind, lesson like this is especially pertinent.

Conclusion

Beyond its spiritual underpinnings, *Ramcharitmanas* stands as a pioneering ecological book providing ageless insights on the symbiotic interaction between humans and nature. Its respect for mountains, rivers and forests as holy interconnects and fits perfectly with environmental ethics and sustainability in contemporary ecocriticism. While its portrayal of trees as havens and spiritual development speaks to modern discourses on biodiversity, the book's respect for rivers like Mandakini and Ganga as purifiers and life-givers reflects current worries about water conservation. Rama's respect for nature and Sita's kinship with forest life highlight an ethical framework in which ecological harmony is inseparable from dharma, a concept matching today's demands for environmental care. Unlike contemporary ecocriticism, which sometimes responds to economic exploitation, *Ramcharitmanas* portrays ecological balance as a divine commandment giving nature spiritual agency. Combining spiritual and

environmental values, the book promotes a complete perspective whereby people see their place in a holy web of life. contemporary time is time of climate problems, *Ramcharitmanas* asks us to rethink ecology through the prism of connectivity, fusing new urgency with old knowledge. This synthesis enhances ecocritical research and confirms the continuing relevance of the epic by showing that ecological responsibility is a moral and spiritual as well as a scientific one.

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